



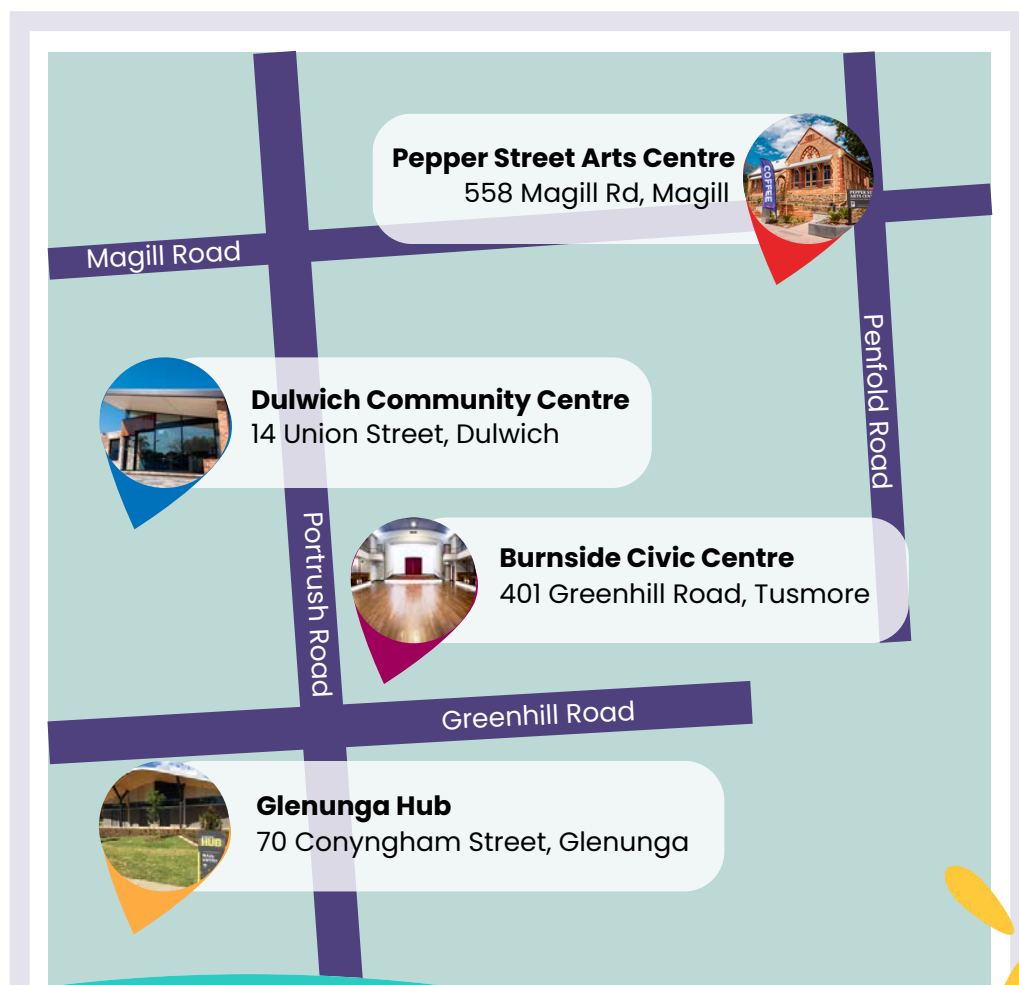
# COMMUNITY CENTRES

2024 SUMMER PROGRAM



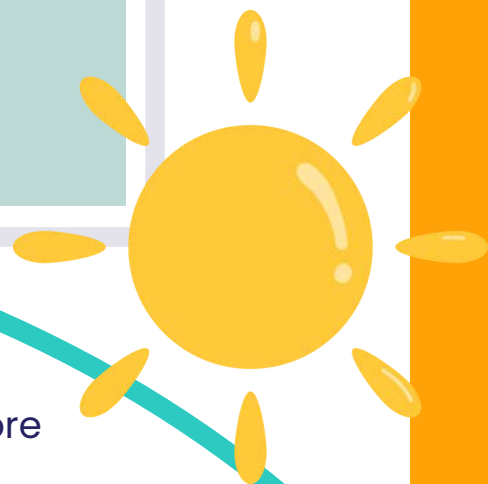
# Our Community Centres

Discover Burnside Community Centres; there's something for everyone!



## VENUES KEY

- BALL** Burnside Ballroom, 401 Greenhill Road, Tasmore
- BCC** Burnside Community Centre, 401 Greenhill Road, Tasmore
- TH** Burnside Town Hall, 401 Greenhill Road, Tasmore
- GH** Glenunga Hub, 70 Conyngham Street, Glenunga
- DCC** Dulwich Community Centre, 14 Union Street, Dulwich
- SHD** The Shed, 6 Conyngham Street, Glenside
- VAR** Various



# Social and Special Interest Groups

Many social and special interest groups choose to hire our facilities for their meetings and programs. Find a group that suits you!

## **Australian Sewing Guild**

aussew.org.au

## **Beekeepers' Society**

office@bees.org.au

## **Burnside Historical Society**

0413 173 384

## **Burnside Lions Club**

burnsidelions@gmail.com

## **Burnside Symphony Orchestra**

info@bso.org.au

## **Burnside Writers' Group**

0407 071 250

## **Burnside Youth Concert Band**

0449 123 660

## **CaiHang Education**

caihangeducation@gmail.com

## **Camelia's SA**

0411 131 152 or 0419 815 035

## **Chinese Art Class**

0467 594 839

## **Citroen Societe SA Inc**

0417 886 134

## **Cloth Doll Craft Group**

8337 6689

## **Club Citroen of SA**

0411 156 185

## **Cymbidium Orchid Club**

cymorchidssa@gmail.com

## **Down Syndrome SA Club**

**Rock /Slick**

8245 4600

## **Han Class (Chinese language for children)**

0420 573 930

## **Handspinners and Craft**

8338 6676

## **HD HR Holden Car Club**

0488 746 314

## **Kinderballet**

1300 606 949

## **Overseas Chinese Association School**

info@ocasa.org.au

## **Probus Toorak Gardens - Men**

1300 630 488

## **Quilters' Guild of SA**

0432 483 263

## **Rhee Taekwondo**

1300 743 853

## **Rostrum Burnside**

0429 314 661

## **Rotary Club of Burnside**

0419 866 495

## **The Robert Burns Society of SA**

0409 863 235

## **Soroptimist International - Eastern Districts**

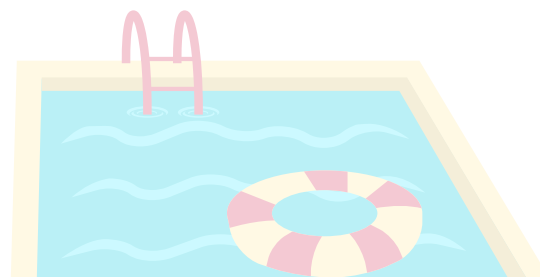
sieastadelaide@siswp.org

## **Teddy Bear Group**

8337 5622

## **Toastmasters - Spiritually Speaking**

0470 622 973





# Civic Centre Program Calendar Burnside Ballroom,

Monday	Tuesday	Wednesday
<b>Snooker</b> <b>BCC</b> 9 am - 3.45 pm 8366 4233	<b>Snooker</b> <b>BCC</b> 9 am - 3.45 pm 8366 4233	<b>Snooker</b> <b>BCC</b> 9 am - 3.45 pm 8366 4233
<b>Pilates Stretch &amp; Balance</b> <b>BALL</b> 9 am - 10 am \$10   8366 4233	<b>Chess</b> <b>BCC</b> 9 am - 12 noon free   8366 4144	<b>Table Tennis</b> <b>BCC</b> 12.30 pm - 4.30 pm gold coin   8366 4233
<b>Seniors' Fit &amp; Fab</b> <b>BCC</b> 10 am - 11 am \$2   8366 4233	<b>Tai Chi Qi Gong</b> <b>TH</b> 10 am - 11 am gold coin   8366 4233	<b>Emotional Freedom Techniques</b> <b>BCC</b> <i>1st Wednesday of month</i> 7.30 pm - 8.30 pm Jeanette: 0438 586 291
<b>Pilates Stretch &amp; Balance</b> <b>BALL</b> 10.30 am - 11.30 am \$10   8366 4233	<b>Dance on Tuesdays</b> <b>BALL</b> 12.15 pm - 1.15 pm \$6   8366 4233	
<b>JKSA Karate</b> <b>BCC</b> 6.15 pm - 7 pm \$10   Reza: 0452 430 290	<b>English Conversation</b> <b>BCC</b> 1 pm - 2.30 pm free   8366 4233 <i>during school semester</i>	
	<b>Hartha Yoga</b> <b>BCC</b> 2 pm - 3.15 pm \$8   8366 4233	
	<b>Cooking for a Cause</b> <b>BCC</b> 4.30 pm - 7.30 pm   free 13 - 18 years   8366 4107	
	<b>Zumba Fitness</b> <b>BCC</b> 6.15 pm - 7.15 pm Wendi: 0432 928 640	
	<b>Sahaja Yoga Meditation</b> <b>BCC</b> 7.30 pm - 8.30 pm   \$1 Tony: 0417 806 336	
	<b>French Conversation Beginner L1.5</b> <b>BCC</b> 7 pm - 8.30 pm \$80   8366 4233 <i>during school semester, tickets on Eventbrite</i>	

## IMMUNISATION PROGRAM


Bookings essential at [eha.sa.gov.au](http://eha.sa.gov.au) or 8132 3600.  
Fortnightly Mondays, times varying.

## JUSTICE OF THE PEACE

Monday - Friday  
10 am - 12 noon and 1 pm - 3 pm.  
Next to the Customer Service Desk at the Burnside Civic Centre.



# Burnside Community Centre and Burnside Town Hall

Thursday	Friday	Saturday
<b>Snooker</b> <b>BCC</b> 9 am - 3.45 pm 8366 4233	<b>Snooker</b> <b>BCC</b> 9 am - 3.45 pm 8366 4233	<b>Table Tennis</b> <b>BCC</b> 12.30 pm - 4.30 pm gold coin   8366 4233
<b>Pilates Stretch &amp; Balance</b> <b>BALL</b> 9 am - 10 am \$10   8366 4233	<b>Pilates Stretch &amp; Balance</b> <b>BALL</b> 9 am - 10 am \$10   8366 4233	<b>Various days</b>
<b>Spanish Beginners</b> <b>BCC</b> 10.30am - 12 noon \$80   8366 4233 <i>during school semester, tickets on Eventbrite</i>	<b>Hartha Yoga</b> <b>BCC</b> 10 am - 11.15 am \$8   8366 4233	
<b>Seniors' Fit &amp; Fab</b> <b>BCC</b> 10.30 am - 11.30 am \$2   8366 4233	<b>English Conversation</b> <b>BCC</b> 11 am - 12.30 pm free   8366 4233 <i>during school semester</i>	
<b>Brain Gym</b> <b>BCC</b> <i>2nd Thursday of month</i> 12 noon - 2 pm   free Elizabeth: 0438 843 066	<b>Mah-Jong</b> <b>BCC</b> 12 noon - 2 pm FREE   8366 4233	
<b>Table Tennis</b> <b>BCC</b> 12:30 pm - 3 pm gold coin   8366 4233		
<b>JKSA Karate</b> <b>BCC</b> 6.15 pm - 7 pm   \$10 Reza: 0452 430 290		
<b>Spanish Beginners</b> <b>BCC</b> 7 pm - 8.30 pm \$80   8366 4233 <i>during school semester, tickets on Eventbrite</i>		




**FISCH**  
 Family Initiative Supporting Children's Health

Scan the QR code to find a workshop to support your family



GH

# Glenunga Hub Program Calendar

70 Conyngham Street, Glenunga

Monday

**French Conversation** GH  
**Beginner L1**  
 10.30 am - 12 noon  
 \$80 | 8366 4233  
*during school semester,  
 tickets on Eventbrite*

## Community Wellness Hub

3rd Thursday of every  
month



**Margie: 0412 383 827**

**Cost:** Gold Coin

**Time:** 11 am - 1 pm

Tuesday

**50+ Fitness Group** GH  
 9.30 am | \$7  
 M'Liss: 0411 147 074

**Burnside Writer's  
Group** GH  
 9.30 am - 12 noon  
*1st & 3rd Thursday of  
 every month*  
 Don: 0419 658 123

**French** GH  
**Conversation Advanced**  
 11 am - 12.30 pm  
 \$80 | 8366 4233  
*during school semester,  
 tickets on Eventbrite*

**Pilates with Amy** GH  
 6.30 pm - 7.30 pm | \$15  
 Amy: 0433 486 489

Wednesday

**Pilates** GH  
**with Sheriden**  
 9 am - 10 am | \$20  
 Sheriden: 0432 293 682

**50+ Fitness Group** GH  
 9.30 am | \$7  
 M'Liss: 0411 147 074

**Spanish** GH  
**Intermediate**  
 10.30 am - 12 noon  
 \$80 | 8366 4233  
*during school semester,  
 tickets on Eventbrite*

**Actually Acting** GH  
 3.45 pm - 4.45 pm  
 Alicia: 0414 261 591

Thursday

**Kids' Club** GH  
*4th Thursday of month*  
 10 am - 11.30 am  
 free | 8366 4250

**Spanish** GH  
**Beginner L2**  
 5.30 pm - 7 pm  
 \$80 | 8366 4233  
*during school semester,  
 tickets on Eventbrite*

GLENUNGA

**HUB**

Friday

**50+ Fitness Group** GH  
 9.30 am | \$7  
 M'Liss: 0411 147 074

**French Conversation** GH  
**Beginner L2**  
 11 am - 12.30 pm  
 \$80 | 8366 4233  
*during school semester,  
 tickets on Eventbrite*

**French Conversation** GH  
**Intermediate**  
 1 pm - 2.30 pm  
 \$80 | 8366 4233  
*during school semester,  
 tickets on Eventbrite*

City of Burnside

**Kids'  
CLUB**

Join us for lots of  
FREE fun on the  
fourth Thursday of  
the month!



DCC

# Dulwich Program Calendar

14 Union Street, Dulwich

Monday

**Tai Chi** **DCC**  
10 am – 11 am  
\$2  
8366 4233

**Chair Yoga** **DCC**  
2 pm – 3 pm  
Cristine: 0405 717 505

**Rhee Taekwon-do** **DCC**  
4.15 pm – 5.15 pm  
\$99/month | 1300 743 853

**Meditation** **DCC**  
7 pm – 8 pm | free  
8366 4233

Thursday

**Japanese Art of  
Swordsmanship** **DCC**  
7 pm – 8 pm  
*First lesson free*  
Takeo: 0403 824 616

**Rhee Taekwon-do** **DCC**  
4.15 pm – 5.15 pm  
\$99/month | 1300 743 853

Tuesday

**Yoga Playgroup** **DCC**  
*Term based program*  
hello@dizzyizzy.com.au

**Meditation & Sound  
Healing** **DCC**  
6 pm – 7 pm  
Joshika: 0435001836



Friday

**Hoshindo Karate** **DCC**  
7 pm – 8.30 pm  
\$10 | 8366 4233  
hoshindokarateadl.com

**Burnside  
Dementia  
Action Group**  
2nd Tuesday of every  
month



**Mike: 0400 246 803**  
**Time: 9.30 am – 10.30 am**

Wednesday

**Hoshindo Karate** **DCC**  
7 pm – 8.30 pm  
\$10 | 8366 4233  
hoshindokarateadl.com

**Hatha Yoga** **DCC**  
12 noon – 1 pm  
\$25 | 0403775760  
hathayogawithchristina.com

Saturday

**Hoshindo Karate** **DCC**  
9.30 am – 11 am  
\$10 | 8366 4233  
hoshindokarateadl.com

**Zumba Fitness** **DCC**  
1 pm – 2 pm  
*starting 7 September*  
Wendi: 0432 928 640

Sunday

**Japanese Art  
of Swordsmanship** **DCC**  
10 am – 11 am  
*First lesson free*  
Takeo: 0403 824 616



# Home Support Program Calendar

CHSP: Commonwealth Home Support Program

Monday	Tuesday	Wednesday
<b>Men's Breakfast</b> <b>VAR</b> 8.30 am - 10.30 am \$10   8366 4144	<b>The Shed</b> <b>SHD</b> 9.30 am - 12.30 pm 1 pm - 4 pm \$5   8366 4144	<b>The Shed</b> <b>SHD</b> 9.30 am - 12.30 pm 1 pm - 4 pm \$5   8366 4144
<b>The Shed</b> <b>SHD</b> 9.30 am - 12.30 pm 1 pm - 4 pm \$5   8366 4144	<b>Knitting Group</b> <b>BCC</b> 10 am - 12 noon gold coin   8366 4144	<b>Contemporary Dancing</b> <b>VAR</b> 10 am - 11.15 am \$5   8366 4144
<b>3Rs Social Groups</b> <b>VAR</b> 10 am - 2 pm \$15   8366 4144	<b>3Rs Social Groups</b> <b>VAR</b> 10 am - 2 pm \$15   8366 4144	<b>3Rs Social Groups</b> <b>VAR</b> 10 am - 2 pm \$15   8366 4144
<b>Come &amp; Try Singing</b> <b>BALL</b> 1.30 pm - 3 pm \$5   8366 4144	<b>Box Fit</b> <b>BCC</b> 2 pm - 3 pm \$15   8366 4144	<b>Seniors' Pilates</b> <b>TH</b> 10.45 am - 11.45 am \$5   8366 4144
<b>Balance Class</b> <b>BCC</b> 1 pm - 2 pm \$5   8366 4144	<b>Trivia Group</b> <b>BCC</b> 2nd & 3rd Tuesday of month \$5   8366 4144	<b>Bingo</b> <b>VAR</b> 1 pm - 3 pm \$5   8366 4144
		<b>Small Group Training</b> <b>BCC</b> <b>\$15</b> Various times available 8366 4144
Thursday	Friday	
<b>The Shed</b> <b>SHD</b> 9.30 am - 12.30 pm 1 pm - 4 pm \$5   8366 4144	<b>The Shed</b> <b>SHD</b> 9.30 am - 12.30 pm 1 pm - 4 pm \$5   8366 4144	
<b>3Rs Social Groups</b> <b>VAR</b> 10 am - 2 pm \$15   8366 4144	<b>3Rs Social Groups</b> <b>VAR</b> 10 am - 2 pm \$15   8366 4144	
<b>Ladies Afternoon Tea</b> <b>VAR</b> 10:30 am - 12 noon \$5   8366 4144	<b>Seniors' Yoga</b> <b>BCC</b> 11.45 am - 12:45 pm \$5   8366 4144	
	<b>Contemporary Dancing</b> <b>VAR</b> 12 noon - 1.15 pm \$5   8366 4144	

\*These social programs require participants to gain a My Aged Care Referral, be living in the Eastern region of Adelaide and need low level care or support to stay independent in their own home.

For more information call 8366 4144 and speak to our friendly CHSP team.







# Community Wellness Hub



**Come for a chat, light lunch  
and seated chair exercises.**

**When** 3rd Thursday of the month

Upcoming Sessions:

- 20 February 2025
- 20 March 2025
- 17 April 2025
- 15 May 2025
- 19 June 2025

**Time** 11 am - 1 pm

**Cost** Gold coin donation

**Where** 70 Conyngham St, Glenunga Hub, Webb Room

You do not need to book.  
Everyone is welcome.

**For more information  
contact Margie,  
Rotary Club of Burnside  
0412 383 827**







involved



On The Flip Side

# CRAFTERNOON COLLECTIVE

EVERY FRIDAY

From 15 Nov - 13 Dec

3:30pm-5pm

Ages 14+

Join us for FREE arts &  
crafts, games and snacks



Dulwich Community Centre  
14 Union Street, Dulwich



REGISTER HERE



**B**... festive

Join us for

# MINGLE and JINGLE

*with special guest  
performance by  
High Spirits Harmony Choir*

**Monday 16 December  
11 am - 2 pm  
Civic Centre Courtyard  
401 Greenhill Road Tasmore**

All welcome. No Bookings required.





## KEEP UPDATED

Join our Burnside  
Community Centres and  
events Facebook Page



## Contact us:

8366 4200

[burnside@burnside.sa.gov.au](mailto:burnside@burnside.sa.gov.au)

